



### Monday, June 10

|               |  |
|---------------|--|
| 8:30 - 4:30   | Open Computer Access (Computer Lab)        |
| 8:30 - 10:30  | Haircuts w/ Talia (Nucor)                  |
| 10:00 - 11:00 | Gentle Chair Yoga (Hatten)                 |
| 11:00 - 1:00  | Line Dancing (Hatten)                      |
| 12:30 - 3:00  | Terry's Greatest Movies: "Flyboys" (Nucor) |
| 1:00 - 2:30   | Aging Well Group (Nelson)                  |
| 1:00 - 2:30   | Ukulele Players (UKES) Sing-Along (Lions)  |
| 1:00 - 3:30   | Drop-In Digital Navigation (Computer Lab)  |
| 3:00 - 4:00   | Digital Discussions (Nelson)               |

### Tuesday, June 11

|               |  |
|---------------|--|
| 8:30 - 4:30   | Open Computer Access (Computer Lab)              |
| 9:00 - 9:30   | Food Bank Distribution (Back Door, Alhadeff)     |
| 9:00 - 10:00  | Meditation (Nucor)                               |
| 9:00 - 2:00   | Sea Mar Community (Hatten)                       |
| 9:30 - 10:30  | Get Moving! (Hatten)                             |
| 9:30 - 10:30  | ESL Class (Nelson)                               |
| 10:00 - 11:00 | Conversational German (Café and/or Computer Lab) |
| 10:30 - 12:00 | Exploring Art Class (Nucor)                      |
| 11:00 - 12:00 | Coffee with Vets (Nelson)                        |
| 12:30 - 3:00  | Cribbage (Nucor)                                 |
| 1:30 - 3:00   | Chess Club (Café)                                |
| 2:00 - 3:00   | Low Vision Group (Nelson)                        |
| 2:30 - 4:00   | Hand Drumming Workshop (Hatten)                  |

### Wednesday, June 12

|               |  |
|---------------|--|
| 8:00 - 11:00  | Meals on Wheels (Alhadeff)                                       |
| 8:30 - 4:30   | Open Computer Access (Computer Lab)                              |
| 10:00 - 11:00 | Balance & Strength (Hatten)                                      |
| 10:00 - 12:00 | Party Bridge (Nelson)  |
| 11:00 - 12:30 | Journaling for Mindfulness (Nucor)                               |
| 1:00 - 3:00   | Mahjong (Nelson)   |
| 1:00 - 2:00   | Sound Bath Healing (Hatten)                                      |
| 1:00 - 2:30   | Dementia-Related Behaviors & Effective Communication (Nucor) (R) |
| 3:00 - 4:00   | Rejuvenating Yoga (Hatten)                                       |

### Thursday, June 13

|               |   |
|---------------|---|
| 9:30 - 11:00  | Tai Chi (Hatten)                              |
| 10:00 - 11:00 | Spanish Class (Lions)                         |
| 12:00 - 2:00  | Arts & Crafts Meet Up (Hatten)                |
| 12:00 - 3:00  | Pinochle (Nelson)                             |
| 1:00 - 2:30   | Current Events Group #1 (Nucor)               |
| 1:00 - 2:30   | Empathy Hour (Lions)                          |
| 1:00 - 3:30   | Drop-In Digital Navigation (Computer Lab)     |
| 2:30 - 3:30   | Yoga for Strong Bodies, Strong Bones (Hatten) |
| 2:30 - 4:00   | Current Events Group #2 (Nucor)               |

### Friday, June 14

|               |   |
|---------------|---|
| 10:00 - 11:00 | Balance & Strength (Hatten)                         |
| 10:00 - 11:00 | Your Lost Your Phone...Now What? (Computer Lab) (R) |
| 11:30 - 12:30 | Hatha Yoga (Hatten)                                 |
| 12:30 - 1:30  | Scrabble Club (Café)                                |
| 12:30 - 1:30  | Cell Phone 101 (Computer Lab) (R) (\$)              |
| 1:00 - 2:00   | Book Club For Adventurous Readers (Nelson)          |

(R) Reservation Required      (\$) Fee Involved

**Community Dining: Monday - Thursday, 11:45am - 12:30pm; Margie's Café: Monday - Friday, 9am - 1:30pm  
Stop 'N Shop Thrift Store: Monday - Sunday, 11am - 4pm**