

Hot Lunch Menu: January



Meals are prepared from scratch daily
Lunch served 11:45am - 12:15pm

Monday	Tuesday	Wednesday	Thursday	Friday
1				
2		3		4
Closed Happy New Year	Italian sausages with peppers & onion over pasta Zucchini Seasonal fruit	Pot Roast Mashed potatoes & brown gravy Green beans Grapes	Chicken in Mushroom Sauce Broccoli Roll Fresh fruit	Choice of sandwiches Soup du jour Assorted fruits and pastries Choice of beverages
5				
6		7		8
Meatloaf Mashed potatoes & gravy Zucchini Roll Fresh fruit	Chicken Cacciatore Carrots Garlic bread Tropical fruit	Fish Parmesan Orzo lemon & herbs Yellow squash Zucchini Custard	Taco Salad Sour cream Beans Corn Tomatoes Fresh fruit	Choice of sandwiches Soup du jour Assorted fruits and pastries Choice of beverages
9				
10		11		12
Closed in honor of Martin Luther King Jr.	Lamb stew Broccoli Dinner roll Apple	Crab Cakes Rice Coleslaw Mushrooms & onions Cookies	Marsala Chicken Pasta Broccoli Cauliflower Roll Fresh baked dessert	Choice of sandwiches Soup du jour Assorted fruits and pastries Choice of beverages
13				
14		15		16
BBQ chicken sliders Coleslaw Baked beans Fresh fruit	Beef Enchilada Casserole Green salad Roasted corn mélange (corn peppers, onions black beans) Fresh baked dessert	Baked Panko Tilapia Rice Green beans, carrots, corn, peas, lima beans Fresh fruit	Turkey Chili Garden salad Corn bread Tropical fruit	Choice of sandwiches Soup du jour Assorted fruits and pastries Choice of beverages
17				
18		19		20
21				
22				
23		24		25
Chicken Tarragon Gravy Roasted potatoes Zucchini, carrots, lima beans Fresh baked dessert	Sweet & Sour Pork Rice Green beans Braised cabbage Spring rolls Almond cookies			
26				
27				
28				
29				
30				
31				