

# Hot Lunch Menu: November



Meals are prepared from scratch daily  
Please call in advance to RSVP for  
lunch: (206) 932-4044

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>				
Meaty Lasagna Garden Salad Garlic Bread Fresh Fruit	Italian Sausages & Marinara Sauce over Penne Pasta Glazed Carrots Seasonal Fruit	Chinese Pepper Steak Rice Broccoli Fresh Fruit	Lamb Roast Roasted Potatoes Roasted Cauliflower Fresh Fruit	Choice of sandwiches Soup du jour Pastries Choice of beverages
<b>8</b>				
Hungarian Goulash Egg Noodles Broccoli Roll Fresh Fruit	Pork Roast Parsley Potatoes Roasted Vegetables Apple	Beef Tamale Casserole Green Salad (spring mix, cucumbers and tomato) Spanish Rice Cantaloupe	VETERANS DAY  CLOSED	Choice of sandwiches Soup du jour Pastries Choice of beverages
<b>15</b>				
Chicken Alfredo over Fettuccini Zucchini and Tomato Garlic Bread Fresh Fruit	Tex-Mex Chicken Black Beans Deluxe Green Salad (tomatoes, cucumbers) Seasonal Fruit	Louisiana Seafood Pasta Zucchini Garlic Bread Chef Choice Dessert	Salisbury Steak Mashed Potatoes Roasted Vegetables (zucchini, onions, peppers, mushrooms) Roll Seasonal Fruit	Choice of sandwiches Soup du jour Pastries Choice of beverages
<b>22</b>				
Meat Loaf Mashed Potatoes Gravy Green Beans Roll Tropical Fruit Cocktail	Beef Taco, Salad w/cucumbers, red pep- pers, carrots, tomatoes Sour Cream Tortilla Chips Beans, Corn Fresh Baked Dessert	Turkey Breast Cranberry Sauce Mashed Potatoes Gravy Green Beans Pumpkin Pie	HAPPY THANKSGIVING  CLOSED	HAPPY THANKSGIVING  CLOSED
<b>29</b>				
Cornmeal Tilapia Spanish Rice Deluxe Green Salad (tomatoes, carrots cucumbers) Fresh Seasonal Fruit	Pot Roast Garlic Mashed Potatoes Green Beans and Onions Fruit Cocktail			

# Hot Lunch Menu: December



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Monday	Tuesday	Wednesday	Thursday	Friday
1				
		Corned Beef Cabbage Red Potatoes Seasonal Fruit	Lasagna Broccoli Garlic Bread Fresh Seasonal Fruit	Choice of sandwiches Soup du jour Pastries Choice of beverages
2				
3				
4				
5				
6				
Swiss Meat Balls Mashed Potatoes Green Beans Fresh Fruit	Turkey Mashed Potatoes & Gravy Green Beans Pumpkin Pie	Fish in Roasted Tomato Sauce Rotini Mixed Veg Tropical Fruit	Lime Chicken Rice Mixed Vegetables Melon	Choice of sandwiches Soup du jour Pastries Choice of beverages
7				
8				
9				
10				
11				
12				
13				
Beef Stroganoff Egg Noodles Roll Broccoli Tropical Fruit	Turkey Mashed Potatoes & Gravy Green Beans Pumpkin Pie	Chicken Louisiana Roasted Zucchini Rice Pilaf Seasonal Fruit	Fish Florentine Pasta Roasted Vegetables Fruit Ambrosia	Choice of sandwiches Soup du jour Pastries Choice of beverages
14				
15				
16				
17				
18				
19				
20				
BBQ Pork Ribs Corn on the Cob Baked Beans Salad with tomato, peppers, cucumber Chef's Dessert	Spaghetti & Meat Balls Garlic Bread Deluxe Green Salad Fresh Baked Dessert	Greek Chicken Couscous Broccoli Fresh Baked Dessert	Country Baked Ham Sweet Mashed Potatoes Broccoli Fresh fruit	CHRISTMAS EVE  CLOSED
21				
22				
23				
24				
25				
26				
27				
CHRISTMAS HOLIDAY  CLOSED	Lamb Stew Garden Salad Roll Seasonal Fruit	Sloppy Joe Coleslaw Potato Salad Fruit Ambrosia	Chicken Teriyaki Rice Broccoli Green Salad Almond Cookie	Choice of sandwiches Soup du jour Pastries Choice of beverages
28				
29				
30				
31				

