

Calendar of Events: September

Monday	Tuesday	Wednesday	Thursday	Friday
1				
2				
<p>ALL PROGRAMS ARE SUBJECT TO CHANGE.</p>			9:00 Healing Touch 10:00 Tai Chi 10:00 Handwork 11:00 Medicare Presentation w/Patrice 12:00 Pinochle 12:00 Arts & Crafts Group 3:30 – 5:00 Legal Assistance w/John Llewellyn Tech Programming by appointment	8:30 Dental Care Clinic 9:00 Enhance Fitness 10:00 Balance & Strength 11:30 Hatha Yoga 12:30 Scrabble Club Tech Programming by appointment
5				
6				
7				
8				
9				
<p>LABOR DAY SENIOR CENTER CLOSED</p> <p>5:45 HAM Radio Group 6:30 Quilters Group</p>	9:00 Sea Mar Community 9:00 – 4:30 Computer Lab 9:30 Get Moving! 10:00 German 12:30 Cribbage 1:30 Chess Club 2:30 Hand Drumming 3:00 Medicare 1:1w/Patrice	9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Walking Wednesdays 10:00 Balance & Strength 10:00 Party Bridge 11:00 Writing Group 1:00 Mahjong 3:00 Reader's Theatre 6:30 Dance Time with Lauren Petrie	9:00 Healing Touch 10:00 Handwork 12:00 Pinochle 12:00 Arts & Crafts Group 1:00 Current Events Group 6:00 Second Thursday Out Tech Programming by appointment	9:00 Enhance Fitness 10:00 Balance & Strength 11:30 Hatha Yoga 12:30 Scrabble Club 1:00 Diabetic Support Group 1:30 Book Club for Adventurous Readers Tech Programming by appointment
12				
13				
14				
15				
16				
9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Gentle Chair Yoga 11:00 Line Dancing 12:30 Movies 1:00 Aging Well Group 1:00 UKES Sing-Along	9:00 Sea Mar Community 9:00 – 4:30 Computer Lab 9:30 Get Moving! 10:00 German 11:00 Coffee with Vets 12:30 Cribbage 1:30 Chess Club 2:30 Hand Drumming	9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Walking Wednesdays 10:00 Balance & Strength 10:00 Party Bridge 11:00 Mindful Journaling 1:00 Mahjong 3:00 Reader's Theatre	9:00 Healing Touch 10:00 Handwork 11:00 History Hour w/Clay Eals 12:00 Pinochle 12:00 Arts & Crafts Group 3:30 – 5:00 Legal Assistance w/John Llewellyn Tech Programming by appointment	9:00 Enhance Fitness 9:00 Foot Care Clinic 10:00 Balance & Strength 11:30 Hatha Yoga 12:30 Scrabble Club Tech Programming by appointment
19				
20				
21				
22				
23				
9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Gentle Chair Yoga 11:00 Line Dancing 12:30 Movies 1:00 Aging Well Group 1:00 UKES Sing-Along 6:30 Quilters Group	7:30 Annual Fundraising Breakfast 9:00 Sea Mar Community 9:00 – 4:30 Computer Lab 9:30 Get Moving! 10:00 German 12:30 Cribbage 1:30 Chess Club 2:30 Hand Drumming	9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Walking Wednesdays 10:00 Balance & Strength 10:00 Party Bridge 11:00 Writing Group 1:00 SPL Apps Class 1:00 Mahjong 1:30 Caregivers Support 3:00 Reader's Theatre	10:00 Tai Chi 10:00 Handwork 10:00 SPD Workshop 12:00 Pinochle 12:00 Arts & Crafts Group 1:00 Current Events Group 5:30 Bugs & Brews! Tech Programming by appointment	9:00 Enhance Fitness 9:00 Foot Care Clinic 10:00 Balance & Strength 11:30 Hatha Yoga 12:30 Scrabble Club Tech Programming by appointment
26				
27				
28				
29				
30				
9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Gentle Chair Yoga 11:00 Line Dancing 12:30 Movies 1:00 Aging Well Group 1:00 UKES Sing-Along	9:00 Sea Mar Community 9:00 – 4:30 Computer Lab 9:30 Get Moving! 10:00 German 11:45 Birthday Lunch 12:30 Cribbage 1:30 Chess Club 2:30 – 4:00 Legal Assistance w/Heather DeVrieze 2:30 Hand Drumming	9:00 Enhance Fitness 9:00 – 4:30 Computer Lab 10:00 Walking Wednesdays 10:00 Balance & Strength 10:00 Party Bridge 11:00 Mindful Journaling 1:00 Mahjong 1:30 Cooking with Chef 3:00 Reader's Theatre	9:00 Healing Touch 10:00 Tai Chi 10:00 Handwork 12:00 Pinochle 12:00 Arts & Crafts Group 5:30 Bugs & Brews! Tech Programming by appointment	9:00 Enhance Fitness 9:30 Foot Care Clinic 10:00 Balance & Strength 11:30 Hatha Yoga 12:30 Scrabble Club Tech Programming by appointment