

Welcome to Membership at the Senior Center of West Seattle



WE'RE SO GLAD YOU'RE HERE!

The Senior Center's Board of Directors and staff team want to welcome you to our community. We are here to serve you, so please let us know if we can help you.

ALL ABOUT THE SENIOR CENTER OF WEST SEATTLE:

Everyone is welcome at the Senior Center of West Seattle. We are a vibrant social gathering place for our community where people can find friendship, healthy activities and meaningful engagement as they age.



We support the physical, mental and emotional health of our community's seniors through a wide range of fun activities, programs and events. The Senior Center is also a gateway to services that many of us need as we get older including meals, counseling and referrals to other critical social services.

THE JEWEL OF THE JUNCTION—OUR LOCATION:

The Senior Center's building at the corner of S.W. Oregon St. and California Ave. S.W. is conveniently located in the heart of the West Seattle Junction and is accessible by foot, bike, bus and car. Our Junction Diner and Margie's Café are open weekdays providing delicious, nutritious and affordable meals, snacks and coffee. Our Stop 'N Shop thrift store, on California Ave. S.W., is a popular fixture in the Junction where you can find a new treasure or donate a gently used one.

IMPORTANT CONTACT INFORMATION:

Location: West Seattle Junction, corner of California and Oregon

Mailing Address: 4217 S.W. Oregon St., Seattle WA 98116

Phone: 206-932-4044 | Fax: 206-932-4077

Website: sc-ws.org | Email: info.scws@soundgenerations.org

Office hours: 8:30 a.m. to 5 p.m. Monday through Friday

Closed: Saturday, Sunday and holidays

Executive Director: Amy Lee Derenthal

President of the Board: Dawn Schaper

The Senior Center of West Seattle is a nonprofit 501(c)3. Our tax ID number is #23-7155008.



MEMBERSHIP AT THE SENIOR CENTER

The Senior Center of West Seattle has more than 800 members. As a member you are helping to sustain our programs and services. Membership is open to people of all ages. You will receive a membership card that marks the month and year you joined.

Membership renewal:

Your annual renewal date is based on the month you joined. You will receive a postcard in the mail the month of your anniversary asking you to renew your membership promptly.

Annual membership fees:

\$50 per person (any age)

\$75 per household

Lifetime membership:

\$500 per person

\$750 per household

(never need to renew again!)



How to renew and pay your fee each year:

- Online at sc-ws.org/get-involved/membership
- Mail us your check: 4217 SW Oregon St, Seattle, WA 98116
- Call 206-932-4044 x1 or stop by the Senior Center of West Seattle

MEMBERSHIP BENEFITS

As a member of the Senior Center of West Seattle you will receive many fantastic benefits:

- No fees for members on classes and activities (except specialty services like Foot Care and Dental Hygiene and special events)
- 50% discount on the first Friday of the month at our Stop 'N Shop thrift store
- Our bi-monthly newsletter mailed to your home that includes news, tips, menus, calendars and a schedule of activities and events
- Free birthday luncheon celebration
- Discounts at local West Seattle businesses!
 - Tom's Automotive: Senior Center members receive 10% off services costing \$50 or more plus a free car care clinic
 - Falafel Salam: Members get 10% off their order
 - Daystar: Members receive a one-time credit of \$2,000 to apply toward their residency fee or move-in costs
 - Capers: 10% off when seniors show their membership card
 - West 5: Senior Lunch Deal when you show your membership card 11 a.m.-2 p.m. weekdays

OUR PROGRAM AREAS:

The Senior Center offers a broad range of in-person and virtual programs, activities and services to meet the needs of a diverse and growing West Seattle community. We also welcome volunteers to contribute their time in all our programs.

- **Connection to the Community:**

The Senior Center is a community gathering place for people of all ages, backgrounds and abilities where everyone is welcome. We offer a place to meet friends, enjoy a healthy meal, take a class and engage in a vibrant social network.



- **Health and Wellness:**

The Senior Center supports our community's physical, emotional and mental health. From in-person fitness classes and foot care clinics to online emotional support groups and virtual dance classes, we provide a holistic approach to keeping yourself healthy as you age.

- **Lifelong Learning and Growth:**

At the Senior Center you can expand your interests, launch a new hobby and learn something new every day. Our members, participants and volunteers have a wealth of knowledge and talents, and we provide opportunities to both share and learn. You can practice a foreign language, learn to paint, find fellow hobbyists, share your love of cinema, write a memoir, hone your computer skills and much, much more.



- **Accessible Services:**

The Senior Center is an important gateway to services that many of us need as we age. We provide meals, counseling and referrals to services like transportation and public benefit services. Our professional staff social workers ensure our community's most vulnerable seniors are safe, healthy and connected.



You will find specific upcoming activities, classes and programs in your mailed newsletter and on our website at sc-ws.org. To learn more about our programs or to ask questions, please contact our front desk at 206-932.4044 x1.

In the event of inclement weather, the Senior Center follows the Seattle Public Schools late starts and closures schedule. This information is available online and on local TV and radio news channels.

STAY CONNECTED

In addition to receiving our mailed newsletter, there are many ways you can stay connected to the events and activities at the Senior Center.

Website: sc-ws.org

On the Senior Center's website, you can:

- Find the latest list of classes and activities
- Purchase event tickets
- Access a copy of the mailed newsletter
- Renew your membership and pay your dues using our online form
- Find resources for food, transportation, counseling and other services
- Make a secure online donation
- Find volunteer opportunities

Social media:

The Senior Center's Facebook page features upcoming events, articles, news and community activities in West Seattle. "Like" our page so you can receive these updates:

facebook.com/SeniorCenterOfWestSeattle



You can also "follow" us on Instagram to see photos of our programs and events:

instagram.com/SeniorCenterOfWestSeattle



And, our thrift store has a great Instagram account where you can see what fun treasures are for sale:

instagram.com/StopNShop_Thrift

Email newsletter:

Sign up for our monthly email newsletter on our website at sc-ws.org/enews. We also send out occasional updates on events and opportunities to support the Senior Center. You can unsubscribe at any time. We do not share or sell your email address.

VOLUNTEER OPPORTUNITIES

More than 200 volunteers support the Senior Center to make our activities, events and meals programs possible. We have a wide variety of opportunities available, especially when our building is open, such as front desk receptionist, kitchen assistant, café server, outreach program visitor, computer room assistant, Stop 'N Shop cashier and much more. You can also volunteer to teach a class or lead an activity. Learn more about volunteering on our website:

sc-ws.org/get-involved/volunteer



HAVE LUNCH AT THE SENIOR CENTER

The Senior Center offers two delicious lunch options during the week. Both are open to the public, so feel free to bring a friend in for lunch or a cup of Caffe Ladro coffee.



In Margie's Café, you'll find a rotating weekly menu of delicious, freshly prepared sandwiches, salads and soups prepared by Chef Hayla.

Margie's Café is open Monday through Friday from 9 a.m. - 1:30 p.m. Prices are à la carte.

At the Junction Diner, we serve a hot meal prepared from scratch by our staff Chef Francisco. Our menu changes every day and is designed to be culturally varied and nutritious.



The Junction Diner is open Monday through Thursday from 11:45 a.m. - 12:30 p.m. Suggested \$4 donation.

STOP 'N SHOP THRIFT STORE



The Senior Center operates a fantastic thrift shop in the West Seattle Junction at 4504 California Ave. S.W. (around the corner from the Senior Center's main entrance). All proceeds from store go toward our operations. You can donate your gently used treasures or shop for a new one. We also welcome volunteers.

The Stop 'N Shop's hours are 11 a.m. to 4 p.m. Thursday through Tuesday. (Closed Wednesday.)

On the first Friday of every month, Senior Center members receive a 50% discount on most items in the store. Please show your membership card to the cashier.

SOUND GENERATIONS AND THE SENIOR CENTER



We are proud to be a community partner site of Sound Generations, a county-wide nonprofit that provides food security, transportation, health and wellness and other services to meet the diverse needs of a growing aging population. Sound Generations provides technology support, human resources, data management and other services to the Senior Center of West Seattle as part of our partnership. Learn more on the Sound Generations website: soundgenerations.org.

SENIOR CENTER POLICIES

Everyone is welcome:

Our commitment to equity:

Our goal is to be a safe place where everyone feels welcome. The Senior Center does not discriminate or tolerate discrimination of any kind due to race, religion, gender identity, age, disability, sexual orientation, language, class or socio-economic status. We acknowledge that systemic racism exists, and we are committed to taking a stand against racism and intolerance.



Policy against promoting businesses and services:

The Senior Center of West Seattle does not endorse products or service providers, nor do we assume any responsibility for the quality of any products. Our aim is to protect seniors from undue coercion. The Senior Center is not a marketplace. We neither approve nor condone solicitation of business within our facilities. Programs are offered for member enjoyment, entertainment and/or information only. Please report any violation to the Executive Director.

Photo and video disclaimer:

The Senior Center of West Seattle reserves the right to use any photograph/video taken at any event sponsored by the Senior Center, without the expressed written permission of those included within the photograph or video. The Senior Center may use the photograph/video in publications or other media material produced, used or contracted by the Senior Center including but not limited to brochures, invitations, books, newspapers, magazines, television, website, social media, etc.

To ensure the privacy of individuals and children, images will not be identified using full names or personal identifying information without written approval from the photographed subject, parent or legal guardian. A person attending a Senior Center event who does not wish to have their image recorded for distribution should make their wishes known to the photographer and Senior Center staff. By participating in a Senior Center event, you are agreeing to release, defend, hold harmless and indemnify the Senior Center from any and all claims involving the use of your picture or likeness. Any person or organization not affiliated with the Senior Center may not use, copy, alter or modify the Senior Center photographs, graphics, videography or other similar reproductions or recordings without the advance written permission of an authorized designee from the Senior Center. Thank you for your understanding and cooperation.

