



Monday, July 25

9:00 - 10:00	<i>Enhance Fitness</i> (Hatten)
9:00 - 4:30	<i>Open Computer Access</i> (Computer Lab)
10:00 - 11:00	<i>Gentle Chair Yoga</i> (Nucor)
12:30 - 3:00	<i>Terry's Greatest Movies: "Charlie Chan at the Race Track"</i> (Nucor)
1:00 - 2:30	<i>Aging Well Group</i> (Nelson)
1:00 - 2:30	<i>Ukulele Players (UKES) Sing-Along</i> (Lions)

Tuesday, July 26

9:00 - 10:00	<i>Food Bank Distribution</i> (Back Door, Alhadeff)
9:00 - 1:00	<i>Sea Mar Community</i> (Nelson)
9:00 - 4:30	<i>Open Computer Access</i> (Computer Lab)
9:30 - 10:30	<i>Chair Qigong</i> (Nucor)
11:30 - 12:45	<i>Birthday Lunch</i> (Hatten/Lions)
12:30 - 3:00	<i>Cribbage</i> (Nucor)
2:30 - 4:00	<i>Legal Assistance with Heather DeVrieze</i> (Nelson)
2:30 - 4:00	<i>Rhythm & Hand Drumming Workshop</i> (Hatten)

Wednesday, July 27

8:00 - 11:00	<i>Meals on Wheels</i> (Alhadeff)
9:00 - 10:00	<i>Enhance Fitness</i> (Hatten)
9:00 - 4:30	<i>Open Computer Access</i> (Computer Lab)
10:00 - 10:30	<i>Walking Wednesdays</i> (Front Door)
10:00 - 11:00	<i>Balance & Strength</i> (Hatten)
10:00 - 12:00	<i>Party Bridge</i> (Nelson)
11:00 - 12:30	<i>Poetry Writing with Koon Woon</i> (Nucor)
1:00 - 3:00	<i>American Mahjong</i> (Nelson)
1:00 - 5:00	<i>Foot Care Clinic with Carly</i> (Nucor)

Thursday, July 28

10:00 - 11:30	<i>Handwork</i> (Nelson)
10:00 - 11:00	<i>Tai Chi</i> (Hatten)
12:00 - 3:00	<i>Pinochle</i> (Nelson)
12:00 - 4:00	<i>Arts & Crafts Group</i> (Hatten)
1:00 - 2:30	<i>Current Events Disc. Group</i> (Nucor)
By Appointment	<i>Tech Programming</i> (Computer Lab)

Friday, July 29

9:00 - 10:00	<i>Enhance Fitness</i> (Hatten)
9:00 - 4:00	<i>Dental Care Clinic</i> (Nucor)
10:00 - 11:00	<i>Balance & Strength</i> (Hatten)
11:30 - 12:30	<i>Hatha Yoga</i> (Hatten)
12:30 - 1:30	<i>Scrabble Club</i> (Café)
By Appointment	<i>Tech Programming</i> (Computer Lab)

Community Dining: Monday - Thursday, 11:45am - 12:30pm; Margie's Café: Monday - Friday, 9am - 1:30pm

Stop 'N Shop Thrift Store: Thursday - Tuesday, 11am - 4pm